



AN HOUR OF PRAYER

For the next hour, use this guide as you pray.

1. PRAISE & WORSHIP

Start your hour of prayer by praising the Lord. Praise Him for things that are on your mind right now. Sing a song of praise that you know by heart. ("Holy, Holy, Holy," "Amazing Grace," "The Doxology")

2. QUIET YOUR HEART

Create space for God's activity. This is a time for resting in God, enjoying His company, and allowing intimacy to deepen. Prayer is not a solo activity — it is communication with God. Dwell on the reality that God is with you right now.

3. CONFESS GUILT & SIN

Ask God to reveal to you the sins that have been weighing you down lately. Take time to let God reveal those to you. Whatever is revealed, ask God for forgiveness. Thank God for His mercy and grace that will be present to the end!

4. READ THE WORD

Spend time reading and re-reading a short passage of scripture on prayer slowly. Start with a Psalm, the Lord's Prayer (Matt 6:9-13), or one of the prayers recorded in scripture (Col 1:9-12, Eph 1:15-23, Eph 3:14-21, Jude 1:24-25)

5. MEDITATE

Be still, silent, and listen for His voice. Pray for a calm mind and no distracting thoughts. Reflect deeply on the words or ideas from the passage. Ask the Lord to speak to you.

6. PRAY THE WORD

Take the same words or passage you read and turn it into a prayer back to God. Pray God's words back to Him.

7. PRAY FOR YOURSELF

Where do you sense a need for God to grow, provide for, or change you right now? Pray for yourself, being confident in your identity in Jesus. Be honest, specific, thankful, and expectant.

8. PRAY FOR OTHERS

Pray for your family, friends, co-workers, neighbors, circumstances and whatever else the Lord puts on your heart.

9. PRAY FOR THE NATIONS

Pray for those around the world who have yet to hear about Jesus. Whatever country comes to mind, pray that the gospel would reach its people. Pray for those who have been sent (our people, goers, and church planters) and will be sent to share the gospel.

10. PRAY FOR OUR CHURCH

Pray for our elders, your Gospel Community, and specific people and circumstances in our church that you are aware of.

11. THANK HIM

Thanksgiving differs from praise in that praise recognizes God for who He is, and thanksgiving recognizes God for specific things He has done. Spend these minutes giving thanks to the Lord for things in your life, things on behalf of the church, your extended family, your workplace and your community.

12. DECLARE YOUR AMEN

Believe that God has heard you and will answer you. "Amen" means "it is true and sure, so shall it be." Conclude this hour by praying, "Yours is the kingdom and the power and the glory forever. Amen."