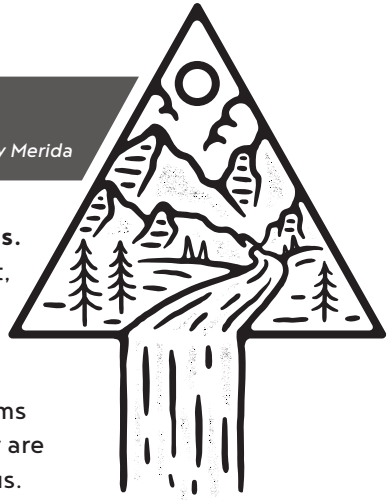


**“ THE BIBLE SPEAKS TO US,
THE PSALMS SPEAK FOR US.”** - Tony Merida

The largest book in the Bible is the Psalms.

The Psalms are 150 songs of praise, lament, outrage, thanksgiving, disappointment, and everything in between. It is a prayer and song book that models an open and authentic way of relating to God. The Psalms allow us to speak to God, yet because they are Scripture they also allow God to speak to us.



These prayers and songs reveal that we don't simply, or even primarily, go to God in prayer to affect His mind. Instead, we witness that prayer is more than just petitioning to God – it is communion, and it changes our minds, our hearts, and our lives as well. They show us how to pray about our deepest hurts and longings, our struggles that leave us anxious or angry, our confessions of guilt, and our joyful thanks and praise so that we share all of our life experiences with our God who listens and responds.

Old Testament scholar Walter Brueggeman helpfully categorizes all Psalms into one of three types: psalms of **orientation**, psalms of **disorientation**, and psalms of **reorientation**. As you read through the Psalms, see if you can identify which category each Psalm fits into.

ORIENTATION

+ *The Psalmist's gaze is directed toward God and things look hopeful.*

DISORIENTATION

+ *The Psalmist's gaze is directed away from God and things look grim.*

REORIENTATION

+ *The Psalmist moves from disorientation away from God back to orientation toward God.*

THE PRAYERS OF
Psalms
GOD'S PEOPLE

WEEK OF 5/23

- Psalm 1-3
- Psalm 4-6
- Psalm 7-9
- Psalm 10-12
- Psalm 13-15

WEEK OF 5/30

- Psalm 16-17
- Psalm 18
- Psalm 19-21
- Psalm 22-24
- Psalm 25-26

WEEK OF 6/6

- Psalm 27-29
- Psalm 30-31
- Psalm 32-34
- Psalm 35-36
- Psalm 37-38

WEEK OF 6/13

- Psalm 39-41
- Psalm 42-43
- Psalm 44-45
- Psalm 46-47
- Psalm 48-49

WEEK OF 6/20

- Psalm 50-51
- Psalm 52-53
- Psalm 54-55
- Psalm 56-57
- Psalm 58-59

WEEK OF 6/27

- Psalm 60-62
- Psalm 63-66
- Psalm 67-69
- Psalm 70-72
- Psalm 73-76

WEEK OF 7/4

- Psalm 77-78
- Psalm 79-81
- Psalm 82-84
- Psalm 85-88
- Psalm 89

WEEK OF 7/11

- Psalm 90-92
- Psalm 93-95
- Psalm 96-97
- Psalm 98-99
- Psalm 100-103

WEEK OF 7/18

- Psalm 104-105
- Psalm 106
- Psalm 107-108
- Psalm 109-110
- Psalm 111-114

WEEK OF 7/25

- Psalm 115-117
- Psalm 118
- Psalm 119:1-40
- Psalm 119:41-80
- Psalm 119:81-128

WEEK OF 8/1

- Psalm 119:129-176
- Psalm 120-122
- Psalm 123-127
- Psalm 128-132
- Psalm 133-135

WEEK OF 8/8

- Psalm 136-138
- Psalm 139-141
- Psalm 142-144
- Psalm 145-147
- Psalm 148-150